PROFESSIONALISM PLEDGE

CANON OF ETHICAL PRINCIPLES

As a Sobriety Companion I pledge to the best of my ability and judgement, to conduct myself with honesty, integrity and civility as well as abiding by the below:

- 1. Believe in the dignity and worth of all human beings, striving to recognize all people from all races and spiritual beliefs, sexual genders and orientations.
- 2. Pledge my service to the well-being and betterment of all members of society without discrimination.
- 3. Recognize the right to culturally sensitive and evidence -based treatment for anyone experiencing a substance use disorder or behavioural addiction.
- 4. Promote and assist in the recovery and return to wellness of every person served.
- 5. Uphold each person's right to self-determination and referring them professionally to other programs or individuals when in their best interest.
- 6. Maintain proper professional relationships to all persons served ensuring that all interpersonal transactions between myself and persons served, are non-exploitive and essential to their well-being and recovery, while recognizing our fiduciary responsibility.
- 7. Adhere strictly to establish principles of confidentiality in all knowledge, records, and materials concerning persons served directly and indirectly, and in accordance with any institutional and any current government regulations.
- 8. Ensure that all interpersonal transactions are non-exploitive.
- 9. Give due respect to the rights, views, and positions of any other addiction counselors and related professionals.
- 10. Respect institutional policies and procedures, and cooperate with agency management with which I may be associated, as long as this remains consistent with recognized standards, procedures and ethics.
- 11. Contribute my ideas and findings regarding substance use disorders and behavioral addictions and their treatment and recovery.
- 12. Maintain an individual responsibility for personal conduct in all lifestyle areas, so as not to diminish my professional competence, integrity, legal obligation. I further agree that I will refrain from any breach of the Criminal Code of Canada.
- 13. Avoid claiming or implying any personal capabilities for professional qualifications beyond those I have attained, recognizing competency gained in one field of activity must not be used improperly to imply competency in another.
- 14. Regularly evaluate my own strengths, bias, or levels of effectiveness, always striving for self-improvement and seeking professional development by means of further education, training, and clinical supervision.
- 15. Social media (Facebook, Twitter, etc.) should be used in a professional manner only:
- •No posting of client information
- •Do not harass people on social media
- •Do not act in a manner that can be construed as a breach of any other ethical principal
- •Do not create, write or participate in bias
- •Do not create, write or participate in posts that can be construed as a breach of trust
- •Do not post any real life situations even if you call them hypothetical
- •Do not share files on social media
- •Do not personally "friend" clients or their family members on social media.

David Brodowicz